Form for submitting Measles and Rubella certificates

Print out in A4. Copy the documents to be attached in A4 and glue the top edge of the front of each copy to the reverse of this form (see the next page for an example)

Name		Gender	Male · Female		
		Student ID			
E-mail		Age			
TEL			/ /		
Affliation	Faculty Department Graduate School	Date of Birth	year month day		

Please fill out this form yourself (It is not necessary to have it filled out by a medical institution.).

Please attach a copy of the relevant page of your Mother and Child Handbook, vaccination records, test results, etc. as proof. If submitting a certificate, please attach a copy and keep the original handy.

Vaccination record

%Please fill in the vaccinations you have received after the age of 1.

	First Vaccination	○ please circle	Second Vaccination	○ please circle
Measles	Western calendar / / year month day	Measles alone MR MMR others	Western calendar / / year month day	Measles alone MR MMR others
Rubella	Western calendar / / year month day	Rubella alone MR MMR others	Western calendar / / year month day	Rubella alone MR MMR others

Comments (If you have received a measles/rubella vaccine 3 times or more, please write the details in the space below.)

[The documents in either 1 or 2 below are required]

① Documents certifying that you have been vaccinated twice against both measles and rubella after the age of 1 (recommended)

2 Documents certifying that you have been vaccinated against measles and rubella once within the last 5 years

*Even if you meet the requirements in ②, please write in the table above if you have been vaccinated against measles / rubella twice and attach the certificate(s).

%Those in the Faculty of Medicine (Department of Medicine, Department of Health), Graduate School of Medicine and Graduate School of Health Sciences must meet the requirements in ①.

Antibody titer test results (blood sampling)

Only if the above vaccination history requirements are not met

Documents are required to certify that the results of measles and rubella antibody tests taken within the last five years show that you have "sufficient levels of antibodies in your blood to prevent the onset of measles and rubella" (see below).

If your vaccination record meets the requirements, you do not need to take the antibody tests.

Vaccination is required if your antibody test results are below the standard value.

The validity period for the antibody test is within 5 years from the first day of the admission year.

Attach a copy of the test result or certificate that contains the: ①Sampling date ②Measured antibody titer ③Reference value for the measurement method

	Sampling date	 circle the measurement method 	Measured antibody titer	General standards	Medical standards
	Western calendar	lg-G EIA * #		more than 8.0	more than 16.0
Measles	/ /	PA		more than 256 times	more than 256 times
	year month day	NT		more than 4 times	more than 8 times
	Western calendar	HI*		more than 32 times	more than 32 times
Rubella	/ /	lg-G EIA#		more than 8.0	more than 8.0
	year month day				

* IgG-EIA is recommended for measles, and the HI method is recommended for rubella. (The measles HI method cannot be accepted.)

The IgG-EIA standard value is the same as the standard value for the Denka Seiken kit, which is currently widely used in Japan. The standards for antibody tests conducted by other companies vary, so please check with the administering medical institution. If the test is conducted by another company, we recommend that you choose a different measurement method.

If your antibody test results are too low but you are unable to be vaccinated due to your physical constitution or other reasons, please fill in the following.

If you have a certificate, please attach a copy.

Reason:

Submission sample

